

MICROLIFE SLEEP MICROMYST



Get That Restful Sleep You've Been Dreaming Of

You Can Beat Sleep Dysfunction

Does this sound like you? You work hard, you hurry through the day, getting done all you need. But when it comes time for bed, you struggle to get to sleep. You're stressed, and you can't stop worrying about all your responsibilities. Or perhaps you get to sleep, but wake up in the night, restless and not able to return to a restful sleep. The troubling fact is you're not alone with about 10% of adult Americans struggling with some form of unhealthy sleep. And because sleep is so crucial to one's wellness, all these people are suffering in other areas of health. The good news is MicroLife Sleep provides an expertly formulated blend of proven ingredients to help you get ready for—and experience—a healthy, rejuvenating sleep.



ADVANCED

DELIVERY TECHNOLOGY

Superior absorption using our naturally structured, non-GMO liposomes & micronutrient encapsulation technology

The Liposome Advantage:



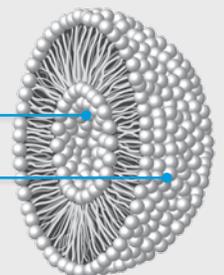
The problem with most traditional nutritional supplements is that their ingredients are combined with fillers, binders, and other additives, making them difficult to be recognized and absorbed by the body. They're also likely degraded by digestive fluids and enzymes in the digestive tract. The result? Only a small portion of nutrients reaches their intended cellular target. For consumers like you, this means money down the drain and frustration that the product is often not providing the results you're looking for.

Vasayo's proprietary Advanced Delivery Technology, on the other hand, effectively eliminates these obstacles to provide superior absorption using our naturally structured, non-GMO liposomes and micronutrient encapsulation technology.

Liposomes are double-layered "bubbles" or spheres comprised of lipids (fats) that surround and protect the nutrient. They pass through the digestive tract largely unobstructed and are easily absorbed into the bloodstream, where they quickly reach the cells that need them. The result is a dramatically higher rate of nutrient absorption and utilization by the body's cells.

Key Nutrients

Liposomes



Liposome layers form a "bubble" around the key nutrients, allowing the nutrient to bypass the destructive aspects of the digestive system and arrive intact directly to the cells for a much higher rate of absorption.

Features & Benefits:

Enjoy Gentle & Non-Habit Forming Benefits:

This carefully crafted blend uses natural ingredients to support restful sleep without the habit-forming risk associated with most sleep medications.

Optimize Your Body's Natural Sleep Mechanisms:

Ingredients like melatonin support the body's own sleep cycles for better-quality rest.

Relax & Reduce Stress: MicroLife Sleep helps relax the mind and prepare the body for restful sleep.

Get - And Stay - Asleep: Specially formulated to give you a dreamy night's sleep, MicroLife Sleep provides relief for occasional sleeplessness.

Wake Energized: With a healthy, rejuvenating night's sleep, you can wake renewed and rested, without the drowsiness associated with most other sleep products.

Experience and Improved Wellness State: It's simple—sleep is crucial for optimal health. MicroLife Sleep can help you get the deep, restful sleep that will make you healthy and happy.

Key Ingredients:

Melatonin: This ingredient is produced naturally in the brain, and helps usher the onset of the body's circadian/sleep cycle. Many people suffer from a deficiency of melatonin that results in poor quality sleep.

GABA (Gamma-aminobutyric acid):

This neurotransmitter inhibits or "dampens" nerve activity in the brain, allowing it to slowly relax, shut down and enter the deep sleep levels required for the body to repair, rejuvenate and truly rest.

NAC (N-acetylcysteine): This amino acid decreases levels of glutamate, another amino acid that encourages alertness in the brain. NAC also stimulates the production of glutathione, a critical component of the body's antioxidant enzyme system that is responsible for protecting and detoxifying the brain.

Vitamins B2 & B6: These important vitamins help regulate brain neurotransmitters and hormones (including the conversion/production of melatonin), ultimately. In turn, this helps promote mood and emotional balance.



How to Use:

Shake well. Take 4 sprays orally, before bedtime, or as directed by your physician.



What the Science Says:

Brazilian researchers recently investigated the effects of NAC on sleep, and the findings suggest the amino acid may prevent disruption to the body's circadian rhythms and the anxiety associated with such disruptions. Other findings suggest NAC can help minimize sleep apnea and reduce corresponding inflammation levels.

- Chronobiol Int. 2015 Mar;32(2):248-54.

For More Information, Contact:

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease or disorder. As with all dietary supplements, take the advice of your physician prior to use of this product. Pregnant or lactating women should consult their physician prior to use.